

**MEDIA CONTACT:**

Julie Armstrong  
Marketing Communications Director  
831.625.6226 or 831.521.0704 (cell)  
[julie@bsim.org](mailto:julie@bsim.org) • [www.bsim.org](http://www.bsim.org)



## **JUST RUN Youth Fitness Program Offered as Graduate Level Class**

*Teachers to earn semester units from University of the Pacific*

The University of the Pacific in Stockton, CA has partnered with the Big Sur International Marathon to offer its JUST RUN youth fitness program as an accredited UOP graduate level course. The program is one of many course offerings available to teachers in California and other states throughout the nation for professional enrichment and salary advancement.

Teachers who register and complete all requirements for the JUST RUN program will receive four post-baccalaureate semester units through UOP. A course syllabus mirrors the steps for a teacher to fully implement the JUST RUN program at their school site. No special materials are needed as all information and resources are available through the [www.justrun.org](http://www.justrun.org) website. A Leader Manual will be provided to participating teachers free of charge.

Course objectives are to train the teacher in the use of the website and how to implement JUST RUN at their school site. Teachers will learn how to register children, record mileage and promote physical activity outside of the classroom. Additionally, the teacher will learn physical activities that can be easily adopted for use in his or her JUST RUN sessions. The teacher will be evaluated by successful implementation of the program and a written summary of feedback and experiences.

The University of the Pacific currently offers more than 200 classes that qualify for graduate level credits. Among the diverse offerings are Common Core Math Implementation and Common Core Language Arts, Dynamic Technology for Teachers, Classroom Management, New Standards for Teaching English Learners and Teaching Special Populations.

For more information on the UOP program contact Jerry Kjeldgaard, Professional Development Programs Coordinator, 831-783-1937. For information on the JUST RUN youth fitness program contact Susan Love, Program Director, 831-625-6226 or [susan@bsim.org](mailto:susan@bsim.org).