



THE FOLLOWING INCENTIVES ARE PROVIDED TO SCHOOLS/LEADERS IN MONTEREY AND OTHER DESIGNATED COUNTIES:

RUNNING/WALKING Incentive Awards for participating children in grades K – 8.

1. A **Mile Marker chart, bookmark, and plastic foot** will be provided when students begin the program.
2. **Mileage tokens** are awarded when they reach their goals of 5, 10, 15, 20, 25, 50, 75, and 100 miles. The participants are also entitled to **wristbands** when they reach accumulated mileage of 25, 50, 75, and 100.
3. **30" ball chain necklaces** will be sent along with the same number of requested #5 tokens.

JUST DEEDS Incentive Awards

1. **Certificates of CONGRATULATIONS** can be downloaded and printed for those accumulating 26 miles of running/walking and performing 26 "JUST DEEDS." The JUST DEEDS form is also available in the forms section of the website.
2. If a participant completes his or her JUST DEEDS and ALSO accumulates 50 miles of running/walking, he or she is entitled to a **JUST RUN t-shirt**.